

## **Cayenne and Colloidal Silver**

It is unknown exactly how effective cayenne pepper is in delivering colloidal silver to the bloodstream or organs of the body. Our experiments centered around utilizing cayenne pepper orally for use with stubborn lung infections that were resistant to other treatment.

In addition to stimulating the circulatory system, cayenne loosens the mucus in the lungs associated with infections. Within only a few minutes of using cayenne orally, the mucus begins to break up, and the lungs begin a process of clearing. This treatment is ideal when nebulizing with colloidal silver. Since any colloidal silver is only effective in areas it can directly reach, utilizing cayenne in this manner can greatly increase the infection fighting properties of colloidal silver as used in the lungs.

We have always chosen to use the nebulizer first to deliver colloidal silver into the lung tissues ( see the section on oxygen nebulizer use ). Then, having mixed one teaspoon of cayenne powder in a glass of warm water, one takes a partial mouthful of the mixture, and holds it under the tongue for as long as possible before swallowing ( at least 30 seconds ). The discomfort is temporary, and is best done when the stomach is not empty. One waits three to five minutes ( or until comfortable ) before using the nebulizer again.

This treatment should be tailored according to the situation and the tolerance/condition of the person in question. Definitive results should become quite evident within 72 hours even with chronic conditions.

It is always wise to use cayenne pepper sparingly when the body is not adjusted to use ( the same can be said of colloidal silver ). To do so, adjust the frequency of use and not the individual dose level. The critical part of the treatment is delivering as much of cayennes "heat" to the body at one time as is safely possible.

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